

# Clay Community Schools

## ELEMENTARY BREAKFAST

APRIL 2024

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| Apr - 1<br>DONUT MINI CHOC.<br>FRESH FRUIT<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT            | Apr - 2<br>FRENCH TOAST STICKS/<br>SYRUP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT   | Apr - 3<br>GRAVY& BISCUITS<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT                      | Apr - 4<br>CINN ROLL<br>BACON<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT             | Apr - 5<br>SAUSAGE PANCAKE WRAP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT  |
| Apr - 8<br>TEACHER IN-SERVICE DAY  | Apr - 9<br>PANCAKES/SYRUP<br>SAUSAGE LINK<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT  | Apr - 10<br>SCRAMBLED EGGS<br>BACON<br>TOAST,WG<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | Apr - 11<br>DUTCH WAFFLE<br>SAUSAGE PATTY<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | Apr - 12<br>CINNAMON TEXAS TOAST<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT |
| Apr - 15<br>POP TART<br>FRESH FRUIT<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT                   | Apr - 16<br>WAFFLES<br>SAUSAGE LINK<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT        | Apr - 17<br>GRAVY& BISCUITS<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT                     | Apr - 18<br>CINN ROLL<br>BACON<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT            | Apr - 19<br>SAUSAGE PANCAKE WRAP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT |
| Apr - 22<br>WG DUNKIN STICKS<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | Apr - 23<br>FRENCH TOAST STICKS/<br>SYRUP<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT  | Apr - 24<br>CHEESE OMELET<br>BACON<br>TOAST,WG<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT  | Apr - 25<br>DUTCH WAFFLE<br>SAUSAGE PATTY<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT | Apr - 26<br>CINNAMON TEXAS TOAST<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT |
| Apr - 29<br>YEAST DONUT<br>FRESH FRUIT<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT                | Apr - 30<br>PANCAKES/SYRUP<br>SAUSAGE LINK<br>FRUIT of cooks choice<br>JUICE<br>MILK<br>CEREAL<br>YOGURT PARFAIT |   |   |  |

ALL MENUS ARE SUBJECT TO CHANGE  
CEREAL AND PARFAIT MEALS ARE OFFERED AS OTHER OPTIONS  
This institution is an equal opportunity provider.

|          | Average | Weekly<br>Target | % of<br>Target |          | Average | % of<br>Calories | Weekly<br>Target |
|----------|---------|------------------|----------------|----------|---------|------------------|------------------|
| Calories | 470     | 350-500          | 100%           | Carbohyd | 76.85 g | 65.47%           |                  |
| Sodium   | 469 mg  | 540              |                | Tot. Fat | 11.72 g | 22.47%           | <=30.0%          |
| Fiber    | 3.77 g  |                  |                | Sat. Fat | 4.23 g  | 8.11%            | <10.00%          |

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**